

成大求學日記

Studying Medicine at NCKU, Tainan, Taiwan

◎文 / 醫學系 103 Paul Popora (所羅門群島)



我是成大醫學系 103 級的波波拉。畢業回國後很高興又在 104 年的 11 月與成大微免所彭貴春老師見面。他來我家鄉拜訪並邀請我簡單分享現在的情況及在成大的心路歷程。我目前是我國的 Oil Palm Company (GPPOL) Health Department 駐廠醫師，我們公司提供三個免費看診駐點。而空閒時我也經常協助 the Good Samaritan Hospital，104 年 2 月我也開始在 Solomon Islands University 擔任兼任講師。

我永遠不會忘記在成大醫學院的日子。求學中最辛苦的就是用中文學習醫學知識，及用台語與病人溝通，所幸有很多好同學及熱心的老師幫忙，我克服困難，順利畢業。因為希望所學回到所羅門後可以派上用場，在每科實習都很投入很多心力，而最喜歡的就是外科，未來我也希望還有機會能回到成

大外科進修。

很多人都問我說回去職業需要考試嗎？有，我跟一群剛從古巴回國的醫學系學生一起考試，若沒通過就必須再實習兩年多。那次考試約有 20 位考生，但只有我順利過關。我很慶幸我在成大醫學系讀書，學得很扎實。成功是沒有捷徑的，我不否認在成大讀書很辛苦，但是成大的訓練真得很好。我很感謝成大醫學院的老師及醫師們，沒有他們就沒有今天的我。

Currently I am head of the Oil Palm Company (GPPOL) Health Department working as “company doctor”. The company clinic offers free health care service to all who comes in and seeks medical attention. My department also



works collaboratively with the Ministry of Health through Guadalcanal province health care service department. The company has three estates with three clinics. From time to time, I also receive calls from the Good Samaritan Hospital in which I work as a volunteer doctor. I did it out of passion for medicine and helping the needy.

Starting from February 2015, I am also working as an external lecturer at the Solomon Islands University teaching applied science and pharmacology.

When I did my clinical duties (work as clerkship and intern) at National Cheng Kung University Hospital, I always anticipated challenges. These challenges, especially Mandarin and Taiwanese languages, pushed me to study and work harder. Any foreigner studying medicine in Taiwan must build basic clinical knowledge to care for patients and more importantly

communication skills in Mandarin and to some extent, Taiwanese.

When I was an clerk/intern rotating to the various departments, I tried my best to learn as much as I could because I knew all sub specialties would come to be handy when I came back home to Solomon Islands. I liked Surgery the most. Surgery to me was not about cutting someone's body open, it was more than that. Surgery to me is very interesting because “what you do is what you get”. It was fascinating for me to learn from all great surgeons in NCKU Hospital. Hope one day I will continue my surgical training specialist in Taiwan. I'm looking for short courses if available to continue to upgrade my skills and continue to serve my country. For my specialist training, I am interested in Surgery and Emergency medicine.

As for Solomon Islands, when I came



back home, all newly graduated doctors including those who graduated from Cuba had to take an exam that allowed us to work as a registrar (equal to resident doctors in Taiwan). Anyone who failed the test, would need to do a 6 months bridge training rotating to major departments and then do two years of intern. Among last year 20 test takers, I was the only one who passed the board exam and got my license. Others have to do their bridge training and subsequently do their intern for another 2 years.

Training at NCKU was fantastic but challenging. Anyone who graduates from NCKU is potentially able to make a significant difference. There is no easy ride. I had to study hard to pass the exams here in the Solomon Islands and become a registered Doctor. I believe in the NCKU training curriculum. The professors of NCKU

medical school and the hospital are all sound and fine trainers who are able to train students to become Doctor who are able to face the challenges of the future.

I came home with an internship experience enough to save my people by myself, working without senior doctors. Self-learning skill is one of the skill I acquired when studying in NCKU. The experience I got-I now can work alone without supervision of the senior doctors.

As the school's motto states "Becoming a man before become a Doctor" . Thank you NCKU medical school and Hospital for bringing me to this far.